

Salads

White or multi-grain roll available upon request. All dressings served on the side, unless otherwise indicated.

Salad Sampler...\$9

Your server will describe today's three homemade salads.

Cobb Salad...\$9

Diced chicken, bacon, tomatoes, hard-boiled egg, and bleu cheese crumbles served on a bed of mixed greens.

Southwest Salad

with Grilled Steak...\$10

with Grilled Chicken...\$9

Mixed greens, corn and black bean salsa, tomatoes & shredded colby jack cheese served w/Cajun ranch dressing, topped with crisp tortilla strips

Pineapple Boat...\$9

A quarter of fresh-cut pineapple served with chicken salad and cottage cheese.

Chickanaberry Salad...\$10

Sliced grilled chicken, spiced pecans, dried blueberries, bleu cheese crumbles, onions, tomatoes, sliced cucumbers on mixed greens.

Caesar Salad...\$4

With grilled salmon...\$10

With grilled shrimp...\$10

With grilled chicken...\$8

Made with hearts of Romaine lettuce, house croutons, sautéed peppers & onions and our rich, creamy Caesar dressing.

House Salad...\$4

Mixed greens, roma tomatoes, and diced cucumbers garnished with an Asiago cheese crisp, and our house croutons.

Soup

Soup du jour

Cup...\$3

Bowl...\$4

Extras

Dinner Roll...\$1

Sandwich Sides...\$2

Fresh Soup & Salad...\$6

Cup of Soup served with our House or Caesar salad

Entrees

White or multigrain roll available

Add a Caesar salad to an entrée...\$3

Add a house salad to an entrée...\$3

Chicken Piccata...\$9

Lightly breaded sautéed chicken breast tossed in a light lemon-caper sauce; served with starch and vegetable du jour

Fillet of Salmon...\$10

North Atlantic Salmon topped with our mango salsa; served with starch and vegetable du jour.

Honey and Almond Baked Salmon...\$10

North Atlantic salmon baked with honey and almonds, served on a bed of spinach tossed in a citrus sauce; garnished with sliced strawberries.

Mediterranean Penne Pasta

with Shrimp...\$10

with Chicken...\$9

Vegetarian...\$8

Whole wheat penne sautéed in sun-dried tomato and garlic-infused olive oil, tossed with red and green onions, red bell peppers, and a trio of olives with Parmesan cheese.

Beverages

Coffee, hot tea \$2

Iced tea and soft drinks \$2

White milk \$2

San Pellegrino Sparkling \$4

Acqua Panna Flat \$4

Full bar service is available at the lunch hour. Our servers can also pair lunch entrees with wines from our award-winning wine list.

Sandwiches

All sandwiches come with a choice of one of the following: French fries, cole slaw, fresh fruit salad, or home-fried potato chips.

Onion Rings...\$1 extra

T. A. B...\$9

A local favorite: Smoked turkey, sliced avocado, bacon, lettuce, tomato, and dill mayonnaise with Swiss cheese on a ciabatta roll or with a tortilla wrap

California Cheesesteak...\$9

Buttery sliced sirloin with sautéed onions and bell peppers topped with pepper jack cheese served on a hoagie bun.

Monte Cristo...\$9

Shaved ham, smoked turkey, and Swiss cheese packed into layers of white bread. Then dredged in egg batter, fried to golden brown and sprinkled with powdered sugar.

Certified Angus Burger...\$9

Half-pound certified Angus beef burger with choice of cheese. Grilled to order.

Additional toppings \$.50 each: grilled onions, sautéed mushrooms, jalapenos, ham, or bacon.

Served on a Kaiser or multi-grain thin bun

The Reuben...\$9

Shaved corned beef, sauerkraut, Swiss cheese, and thousand island dressing served on grilled marble rye bread.

Smith's Row Club Sandwich...\$9

Triple-decker sandwich with ham, turkey, bacon, sliced tomato, green leaf lettuce, pepper jack cheese, and dill mayonnaise on white toast or with a tortilla wrap

Turkey Burger...\$9

A seasoned turkey burger served on a multi-grain thin bun, topped with a garnish of lettuce, sliced tomato and then finished with a Zesty feta cheese spread.

Pork Tenderloin Sandwich...\$9

A Midwest Favorite! Grilled or breaded Served on a kaiser or multi-grain thin bun

Homemade Chicken Salad Croissant...\$9

A generous portion of our homemade chicken salad with lettuce and sliced tomato, served on a golden croissant.

Chicken Sandwich...\$8

Hand breaded chicken on a choice of Kaiser, multi-grain thin bun or tortilla wrap with lettuce and tomato

Available Breaded or Grilled

Salmon Sandwich...\$10

Our North Atlantic Salmon
grilled to perfection

Topped with a remoulade sauce

Served on a kaiser or multi-grain thin bun.

Also available blackened.

Steaks

Selected cuts from our dinner menu available for lunch! All steaks come with a choice of two of the following: cup of soup du jour, house salad, Caesar salad, starch, or vegetable medley. White or multi-grain roll available upon request.

Boneless Ribeye...\$20

Twelve-ounce hand-cut ribeye, aged and beautifully marbled.

Certified Angus Beef

Filet Mignon...\$28

Eight-ounce aged center cut filet mignon.

Not responsible for steaks ordered medium well or well done.

Consuming raw or undercooked meats, poultry, or seafood may increase your risk of food-borne illnesses. We are not responsible for an individual's reaction to our food. If you are unsure of your risk, consult your physician.

Ask about our fresh baked desserts!

Lunch Lighter Fare

Sides and dinner rolls not included in calorie count

**Grilled Portobello & Vegetable Sandwich –
154 calories Low Salt \$9**

Grilled Portobello, summer
squash, onion and zucchini on a
multi-grain thin bun. Served
with lettuce and tomato choice of one side

**Fresh Grilled Salmon – 211 calories Low
Salt – Gluten Free \$10**

Fresh grilled salmon grilled to
perfection. Lightly seasoned,
served with a lemon wedge.

choice of one side

**Dijon Pork Tenderloin – 285 calories Low
Salt – Gluten Free \$10**

Five ounce pork tenderloin
with tangy Dijon sauce choice of one side

**Cilantro Lime Beef - calories Low
Salt – Gluten Free**

\$10

Five ounce beef tenderloin
grilled with lime and cilantro choice of one side

**Bruschetta Chicken – 201 calories Low
Salt – Gluten Free \$9**

Six ounce chicken breast with a
fresh tomato basil salsa choice of one side

**Fresh Honey Almond Salmon – 357 calories
Low Salt – Gluten Free \$10**

Fresh salmon baked with
honey and almonds, served on a bed of
spinach tossed in a citrus
sauce; garnished with cut strawberries

**Shrimp Lettuce Wrap – 328 calories
Gluten Free \$9**

Bay shrimp with a fresh
avocado and mango relish topped with
cilantro and lime. Served with
lightly seasoned rice.

Sides

Steamed Vegetables – 52 calories Roasted Red

Potatoes – 261 calories

Wild Rice – 165 calories Fruit Cup – 36 calories